

Horror Movies and Games: Psychological Effects

This survey is for the researcher to determine if people of various horror media exposure still contain the same reactions or fear instinct.

Be aware that this is a long survey, has seemingly random questions, and contains images that may or may not be disturbing (gotten from [pinterest.com](https://www.pinterest.com)).

Also note: If you have watched another play a horror game but never played a horror game yourself, that still counts as horror media exposure. TV shows such as Supernatural is also considered part of the horror genre.

* Required

1. What is your gender? *

Mark only one oval.

- Female
- Male
- Other

2. What is your age? *

Mark only one oval.

- 4-13
- 14-21
- 22 or over

3. What is your ethnicity? (If mixed descent, type in Other) *

Mark only one oval.

- Asian
- Pacific Islander
- Black/African American
- White/Caucasian
- Native American
- Middle Eastern
- Other:

4. What is your religious preference? *

Mark only one oval.

- Muslim
- Christian
- Roman Catholic
- Mormon
- Jewish
- Christian Scientist
- Hinduism
- Buddhism
- None/Atheism
- Other:

5. Estimate the annual income of your entire household in terms of employment. *

Mark only one oval.

- Over \$20,000
- Between \$15,000 to \$20,000
- Under \$15,000
- No income

6. Are there any children under the age of eighteen years currently living in your household? *

Mark only one oval.

- Yes
- No

7. Rate your level of horror media exposure (horror movies, games, TV shows, etc.) throughout your life, with 1 being the lowest and 10 as the highest. *

Mark only one oval.

	1	2	3	4	5	6	7	8	9	10	
No exposure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Exposed daily

8. Do you have any strong fears or phobias? If so, please list them below. *

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Psychological Test

The following questions will ask you about your choices in certain situations. It is ideal that you choose the first option you would consider (a.k.a. your first instinct).

9. You are driving during a rainy day down the countryside. There aren't any houses around except trees, and the next town is 5 miles away. Up ahead, you see someone walking by the side of the road. Select whether you would choose to give a ride to the following:

Mark only one oval per row.

	Yes	No
A young girl with blonde hair	<input type="radio"/>	<input type="radio"/>
A woman with black hair	<input type="radio"/>	<input type="radio"/>
A man in a suit	<input type="radio"/>	<input type="radio"/>
A young girl with black hair	<input type="radio"/>	<input type="radio"/>
A boy with a backpack	<input type="radio"/>	<input type="radio"/>
A woman with blonde hair	<input type="radio"/>	<input type="radio"/>
A man with a baseball cap	<input type="radio"/>	<input type="radio"/>

10. Imagine you have a brother/sister who ran into the forest. After hours of wandering and calling out, there is still no sign of your sibling. You think you remember the direction you came from. What disturbs you most being in the forest? *

Mark only one oval.

- Fog everywhere
- Complete silence
- Snow everywhere
- There is barely any light from the thick trees
- All the trees look the same
- The forest goes on for miles

11. **You reach in your pocket and realize you forgot your phone while chasing after your sibling. Then you hear a strange sound, stopping you cold. What do you do next? ***

Mark only one oval.

- Go back home, even if your sibling may still be out there
- Keep moving forward and hope you find your sibling.
- Investigate the sound. It could be your sibling.

12. **You are in a hospital visiting a sick relative. She asks if you could quickly buy a water bottle for her before she goes off for her operation. You go and discover two ways to the drink machine. Which way do you go? ***

Mark only one oval.

- The shorter way, which is a dim corridor with barely any people around
- The longer way, which is a bright corridor but the hall is completely jammed with people.
- You go back, not buying a drink

13. **You need to buy a new house for yourself after being evicted from your apartment. After house-hunting, you only have these three options below that you can afford. Which do you choose? ***

Mark only one oval.

- The house in the nice neighborhood but with a shady past
- The large old mansion that needs many repairs
- The isolated house by the dark forest

14. **Imagine you are a child (unless you actually are below 13 years old). You see three last toys in the toy store, which is about to close down because of reasons. Which toy do you buy? ***

Mark only one oval.

- A teddy bear with movable glass eyes and a missing arm
- The beautiful and realistic mannequin doll
- The jack-in-the-box that springs out at random times

Bathroom #1



Bathroom #2



15. **Which bathroom made you feel more uncomfortable? ***

Mark only one oval.

- Bathroom #1
- Bathroom #2
- Neither

16. **Which object would you rather die from? ***

Mark only one oval.

- Pistol
- Kitchen Knife

17. **Which object would you rather die from? ***

Mark only one oval.

- Axe
- Shotgun

18. Which object would you rather die from? *

Mark only one oval.

- Chainsaw
- Sword
- Machine gun
- Spear

19. You are all alone in the house when you hear a strange noise upstairs, which only has three rooms: the bathroom, your room, and your parent's room. Which do you investigate first? *

Mark only one oval.

- Your parent's bedroom, with the door wide open but dark.
- Your room, where door is closed but you can see the light on from under the door
- The bathroom, where the light is also on, but you can see a shadow from under the door crack

20. You are a security guard checking on the classrooms at 3am. All the rooms' lights were offed by the other guard. Imagine the three rooms below. Which makes you the most uncomfortable? *

Mark only one oval.

- A room that is fully lit with the chairs gone
- A room fully lit with empty chairs
- A room that is fully lit with only one chair in the center

21. Quick! Which door do you barricade? The open door at the left, where you can hear the monster running down the hall to the open door? Or the closed door at the right, where another monster is already halfway of breaking it?

Mark only one oval.

- I'll barricade the door on the left
- I'll barricade the door on the right

22. Which hallway would you rather go through?

Mark only one oval.

- A narrow, endless hallway with no doors with the lights far apart
- A brightly lit hallway with a monster at the very end

23. What kind of death do you prefer from the rest?

Mark only one oval.

- Being eaten by a bear or other large predator
 - A ghost haunting
 - Being shot multiple times in the stomach and chest
 - Demon possession
 - Victim of a psychotic serial killer
 - Burning alive slowly
 - Accidentally falling from a cliff
 - A heart attack while being alone in a large, dark, abandoned building
 - A plane crash
 - Drowning in the middle of the ocean with no land anywhere for hundreds of miles
 - Zombies cornering you in the dirty public restroom
 - Your head was cut off
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